

# MASSAGE TYPES/PRICING

## **Chair Massage:**

\$1 per minute (10 minute minimum)

## **Swedish Massage:**

\$60.00 / 55 minutes (Non-Members)

\$50.00 / 55 minutes (YMCA Members)

## **Swedish / Deep Tissue Massage:**

\$70.00 / 55 minutes (Non-Members)

\$60.00 / 55 minutes (YMCA Members)

## **Swedish / Hot Stone Massage:**

\$85.00 / 60 minutes (Non-Members)

\$75.00 / 60 minutes (YMCA Members)

## **Complete Hot Stone Massage:**

\$120.00 / 90 minutes (Non-Members)

\$105.00 / 90 minutes (YMCA Members)

## **Shiatsu Massage:**

\$80.00 / 60 minutes (Non-Members)

\$70.00 / 60 minutes (YMCA Members)

## **Sports Massage:**

\$75.00 / 60 minutes (Non-Members)

\$65.00 / 60 minutes (YMCA Members)

\$45.00 / 30 minutes (Non-Members)

\$35.00 / 30 minutes (YMCA Members)

**\*\*Prices subject to change.**